

MARG

Medical Associates Research Group, Inc.

8008 Frost Street, Suite 200
San Diego, CA 92123
Phone 858-277-5678
Fax 858-277-2317

More About ARTHRITIS

Over 20 million people suffer from OSTEoarthritis

What is osteoarthritis?

It begins with the breakdown of joint cartilage, and commonly affects the joints of the fingers, knees, hips, and spine. Cartilage serves to cushion the bones and to help the joint move smoothly and easily. As it breaks down, the end of the bones thicken and the joint can lose its normal shape. Eventually, the ends of the bones may begin to rub together and cause pain. Risks increases with age and weight as well as with joint injury and family history.

What are the symptoms?

Steady or intermittent pain in a join, stiffness after sleeping, sitting, or other periods of inactivity, swelling or tenderness in joints, the feeling or sound of bone rubbing on bone when the joint is used

Is treatment available?

There is no cure, but symptoms can be managed with exercise, physical therapy, rest, and certain anti-inflammatory medication. Unfortunately, certain anti-inflammatory medications can put you at risk for stomach ulcers.

We Conduct Clinical Research Studies for ARTHRITIS:

For more information contact us at (858) 277-5678.

Or click on “Learn About Our Studies” on our site to fill out a sign-up form.