

MARG

Medical Associates Research Group, Inc.

8008 Frost Street, Suite 200
San Diego, CA 92123
Phone 858-277-5678
Fax 858-277-2317

More About HIGH BLOOD PRESSURE

Over 50 Million Americans have High Blood Pressure

What is High Blood Pressure?

Blood pressure is caused when the heart beats and pumps blood into the arteries. If your levels are 140/90 mm Hg or higher, you have hypertension, commonly known as high blood pressure. This means that your heart is working extra hard to pump blood through your body.

Factors: Genetics, race, age, obesity, stress, excessive alcohol intake, lack of exercise, and excessive salt intake in average American diet

Symptoms: No symptoms, thus known as the “silent killer”

Risks: Stroke, heart attack, heart failure, and kidney failure. Moderately high blood pressure can shorten your life; severely high blood pressure can mean an immediate death sentence.

Treatment: Fortunately there are treatments for high blood pressure currently available, yet only about 1/3 of the population with high blood pressure is able to keep it under control. Additionally, unpleasant side effects such as cough and water retention often accompany the most common type of treatment.

We Conduct Clinical Research Studies for High Blood Pressure:

For more information contact us at (858) 277-5678.

Or click on “Learn About Our Studies” on our site to fill out a sign-up form.